

Individual Meet Results

2016 SI CAST Senior Meet 16-Oct-16 Yards Alt: 100
Location: Granite Hills High School

Time	F/P/S	Event	Place	Points	Improv
Casey Dang (14) B					
1:07.32Y	F # 6	Boys 100 Breast	RAQ-SI	17	---
	32.28	35.04			-0.56
1:01.23Y	F # 12	Boys 100 Back	RAQ-SI	16	---
	30.44	30.79			-0.80
2:24.45Y	F # 14	Boys 200 Breast	RAQ-SI	11	---
	34.12	36.50 37.53		36.30	-1.95
2:13.09Y	F # 18	Boys 200 Back	RAQ-SI	15	---
	31.76	32.71 33.62		35.00	2.22
Megan Dang (11) G					
5:08.68Y	F # 1	Girls 400 IM	RAQ-SI	21	---
	34.13	38.15 41.13		39.81 44.79 45.61 34.71 30.35	---
1:21.47Y	F # 5	Girls 100 Breast	RAQ-SI	28	---
	39.99	41.48			0.56
1:06.37Y	F # 15	Girls 100 Fly	RAQ-SI	27	---
	33.05	33.32			2.16
2:29.61Y	F # 19	Girls 200 IM	RAQ-SI	15	---
	32.75	39.98 44.90		31.98	-6.40
Carly Hoff (15) G					
26.57Y	F # 3	Girls 50 Free	RAQ-SI	12	---
2:04.87Y	F # 7	Girls 200 Free	RAQ-SI	10	---
	29.72	32.07 31.89		31.19	6.05
1:10.48Y	F # 11	Girls 100 Back	RAQ-SI	33	---
	34.64	35.84			-1.73
1:04.48Y	F # 15	Girls 100 Fly	RAQ-SI	16	---
	31.03	33.45			1.18
Milla Hollmen (17) G					
1:15.31Y	F # 5	Girls 100 Breast	RAQ-SI	10	---
	35.59	39.72			4.59
2:07.92Y	F # 7	Girls 200 Free	RAQ-SI	17	---
	30.21	32.67 33.06		31.98	-3.05
2:41.68Y	F # 13	Girls 200 Breast	RAQ-SI	9	---
	37.12	41.42 41.71		41.43	-4.91
2:25.82Y	F # 19	Girls 200 IM	RAQ-SI	12	---
	31.67	40.58 41.25		32.32	---
Isabel Langat (13) G					
1:19.56Y	F # 5	Girls 100 Breast	RAQ-SI	21	---
	37.83	41.73			2.36
2:52.59Y	F # 13	Girls 200 Breast	RAQ-SI	21	---
	39.34	42.86 45.20		45.19	---

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Izzy Pulido (16) G						
28.27Y	F # 3	Girls 50 Free	RAQ-SI	43	---	0.44
1:19.59Y	F # 5	Girls 100 Breast	RAQ-SI	23	---	2.28
	38.23	41.36				
1:11.19Y	F # 11	Girls 100 Back	RAQ-SI	37	---	0.06
	35.08	36.11				
1:07.96Y	F # 15	Girls 100 Fly	RAQ-SI	35	---	---
	31.85	36.11				
2:27.24Y	F # 19	Girls 200 IM	RAQ-SI	13	---	0.61
	31.72	38.87 44.15				32.50
Taylor Shields (13) G						
29.95Y	F # 3	Girls 50 Free	RAQ-SI	68	---	1.29
2:17.95Y	F # 7	Girls 200 Free	RAQ-SI	32	---	2.06
	31.91	35.66 36.18				34.20
2:36.80Y	F # 19	Girls 200 IM	RAQ-SI	23	---	-3.90
	35.94	41.20 46.44				33.22
1:04.30Y	F # 21	Girls 100 Free	RAQ-SI	33	---	1.10
	31.31	32.99				
Tiffany Shields (13) G						
25.74Y	F # 3	Girls 50 Free	RAQ-SI	8	---	-0.17
1:03.15Y	F # 11	Girls 100 Back	RAQ-SI	7	---	0.40
	30.92	32.23				
2:17.44Y	F # 17	Girls 200 Back	RAQ-SI	4	---	---
	33.23	34.84 35.31				34.06
56.06Y	F # 21	Girls 100 Free	RAQ-SI	2	---	0.17
	---	56.06				