

NORTH COAST AQUATICS

10 & Under NTS Mini-Meet / 11 & Over NTS Distance Meet

October 21-22, 2017



Girls		Boys	
Warmup 7:30am	Saturday, Oct 21, 2017	Meet Starts 9:00am	
Morning Session			
1	9 – 10	100 Y Indiv Medley	2
3	8 & Under	100 Y Indiv Medley	4
5	10 & Under	50 Y Breast	6
7	7 – 8	25 Y Breast	8
9	6 & Under	25 Y Breast	10
11	10 & Under	50 Y Back	12
13	7 – 8	25 Y Back	14
15	6 & Under	25 Y Back	16
17	10 & Under	50 Y Fly	18
19	7 – 8	25 Y Fly	20
21	6 & Under	25 Y Fly	22
23	10 & Under	50 Y Free	24
25	7 – 8	25 Y Free	26
27	6 & Under	25 Y Free	28
29	10 & Under Mixed	200 Y Free Relay	
30	8 & Under Mixed	100 Y Free Relay	

Afternoon Session			
31	11 – 12	1650 Y Free	32
33	13 – 14	1650 Y Free	34
35	15 & Over	1650 Y Free	36

Girls	Distance	Stroke	Boys	
Warmup 7:30 AM	Sunday Oct 22, 2017	Meet Starts 9:00 AM		
37	11 – 12	500 Y	Free	38
39	13 – 14	500 Y	Free	40
41	15 & Over	500 Y	Free	42
43	11 – 12	400 Y	IM	44
45	13 – 14	400 Y	IM	46
47	15 & Over	400 Y	IM	48
49	11 – 12	200 Y	Back	50
51	13 – 14	200 Y	Back	52
53	15 & Over	200 Y	Back	54
55	11 – 12	200 Y	Fly	56
57	13 – 14	200 Y	Fly	58
59	15 & Over	200 Y	Fly	60
61	11 – 12	200 Y	Breast	62
63	13 – 14	200 Y	Breast	64
65	15 & Over	200 Y	Breast	66
67	11 – 12	1000 Y	Free	68
69	13 – 14	1000 Y	Free	70
71	15 & Over	1000 Y	Free	72

Notes: All Sunday events of same stroke & distance will be seeded by time and swum together, but awarded separately.

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SANCTION: This meet is held under the sanction of USA Swimming and is issued by San Diego-Imperial Swimming #SI-17-54. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

MEET DIRECTOR: Kristyn Evans, tel # 512-529-7994 or email: coachkristyn@ncaswim.com.

POOL: Alga Norte Aquatic Complex, 6565 Alicante Road, Carlsbad, CA 92009. Tel (760) 268-4777. The minimum water depth, measured in accordance with Article 103.2.3, is 5 feet, 6 inches at the start end and 5 feet, 6 inches at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4). Snack bar available.

ELIGIBILITY: Open to SI and Out-of-District USA swimmers who hold a valid 2017 or 2018 USA Swimming Card issued no later than 2:30 pm on Thursday, October 12, 2017. SI Swimming does not permit on-deck registrations. Be advised that seasonal USA Swimming registrations will not be valid for this meet. Swimmers with a disability are encouraged to participate. All USA Swimming registration numbers will be verified with the SWIMS registration database; swimmers without a current registration will be scratched from all events.

RULES: Current USA swimming rules and SI Swimming procedures will govern all competition, and will take precedence over errors/omissions of this meet announcement. All coaches and deck officials must wear their USA Swimming membership cards in a visible manner. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.

- **Check-in.** This is a deck seeded meet. Swimmers must check in with the Clerk of Course for each event they wish to swim. Swimmers who fail to check in for an event will be scratched from that event and not allowed to swim. Scratches are permitted without refunds. After an event is closed, a swimmer may not check in or scratch. Check-in for the first eight events in each session on Sat/Sun will close ½ hour before the start of each session. The balance of events will close at start of each session.
- **Seeding.** All events will be seeded and swum fastest to slowest.
- **Racing Starts.** All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. For swimmers unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- **No Show Penalty.** Any swimmer, once checked in for an event, who is a no show for an event will be barred from their next individual event and will not be allowed to swim that race.
- **Distance Events.** (500 free, 1000 free, and 1650 free) These events will be swum alternating girls and boys heats. Swimmers must provide their own timers, and a person to count laps and a lap counting device if desired.
- **Warm-Up.** Assigned warm-ups, an estimated timeline and team timing assignments will be posted at www.si-swimming.com the Wednesday before the meet.

ENTRIES: All entries must be submitted electronically using the Hy-Tek Team Manager system, and emailed to coachkristyn@ncaswim.com with a paper copy and payment mailed separately. Event files can be uploaded from www.si-swimming.com. All relays will be deck entered.

ENTRY TIMES: Submit Short Course Times only. Swimmers with no times use NT.

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ENTRY FEES: Surcharge: \$5.00 per swimmer. Individual Entries: \$4.00 each. Relays: \$16.00 each. No refunds. Entries from a single team (10 or more swimmers) not submitted electronically: \$8.00 each. Late entries, IF ACCEPTED, will be charged double, including surcharge. Team entries must be paid with a single check.

Make all checks payable to: **North Coast Aquatics**

DELIVERY:

- EMAIL: Must be received by Friday, October 13, 2017, to: coachkristyn@ncaswim.com with paper copy & team check mailed within 24 hrs. Entries received without entry fees may be rejected.
- MAIL: Must be postmarked no later than Wednesday, October 11, 2017, to:
North Coast Aquatics, Suite 108, A #317, 300 Carlsbad Village Drive, Carlsbad, CA 92008.
- HAND DELIVERY: by 2:30 pm Friday, October 13, 2017 to the SI Swimming Office – 3511 Camino Del Rio South, Suite 405, San Diego, CA 92108.

AWARDS:

- B/C Mini Meet: Individual events: Ribbons 1-8. Relays: Ribbons 1-3.
- NTS Distance Meet: Medals 1-3 and Ribbons 4-8 for 11-12 and 13-14 age groups. No awards for 15 & Over events.