



College Area Swim Team

14 & Under Pentathlon

October 13, 2018

Warmup 7:30 am		Saturday, October 13, 2018		Meet Starts 9:00 am	
Girls Event #	Min	Age	Dist/Stroke	Min	Boys Event #
1	55.60	8 & Under	50 Y FLY	56.40	2
3	41.80	9	50 Y FLY	41.60	4
5	38.30	10	50 Y FLY	38.20	6
7	34.30	11	50 Y FLY	34.50	8
9	34.30	12	50 Y FLY	34.50	10
11	1:11.00	13	100 Y FLY	1:07.70	12
13	1:11.00	14	100 Y FLY	1:07.70	14
15	57.80	8 & Under	50 Y BACK	56.30	16
17	44.30	9	50 Y BACK	44.20	18
19	40.50	10	50 Y BACK	40.40	20
21	36.20	11	50 Y BACK	36.60	22
23	36.20	12	50 Y BACK	36.60	24
25	1:14.10	13	100 Y BACK	1:11.30	26
27	1:14.10	14	100 Y BACK	1:11.30	28
29	1:02.80	8 & Under	50 Y BREAST	1:01.20	30
31	49.80	9	50 Y BREAST	49.80	32
33	45.60	10	50 Y BREAST	45.60	34
35	40.80	11	50 Y BREAST	41.00	36
37	40.80	12	50 Y BREAST	41.00	38
39	1:23.40	13	100 Y BREAST	1:19.10	40
41	1:23.40	14	100 Y BREAST	1:19.10	42
43	48.60	8 & Under	50 Y FREE	47.30	44
45	37.00	9	50 Y FREE	37.20	46
47	33.90	10	50 Y FREE	34.10	48
49	30.70	11	50 Y FREE	30.80	50
51	30.70	12	50 Y FREE	30.80	52
53	1:03.40	13	100 Y FREE	59.60	54
55	1:03.40	14	100 Y FREE	59.60	56
57	2:01.40	8 & Under	100 Y IM	1:58.20	58
59	1:34.40	9	100 Y IM	1:34.80	60
61	1:26.60	10	100 Y IM	1:26.90	62
63	1:17.70	11	100 Y IM	1:17.70	64
65	1:17.70	12	100 Y IM	1:17.70	66
67	2:36.60	13	200 Y IM	2:29.00	68
69	2:36.60	14	200 Y IM	2:29.00	70

8 & Under and age 9 swimmers must meet the minimum time standard for all events.

Swimmers age 10 and older must meet the minimum time standard in at least 2 of the events, and enter at the minimum time for any non-qualifying events.

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SANCTION: This meet is sanctioned by USA Swimming and issued by San Diego-Imperial Swimming #SI-18-43. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

MEET DIRECTOR: Jeanette Temple, phone 619-861-6734 or email: jcct264@gmail.com.

POOL: Granite Hills High School. 1719 E Madison Ave, El Cajon, CA 92019. The pool has 20 short course lanes. Depending on meet size, up to 10 lanes may be used for competition. The remaining lanes will be available for continuous warmup. The minimum water depth, measured in accordance with Article 103.2.3, is 6 feet, 0 inches at the start end and 6 feet, 0 inches at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4).

ELIGIBILITY: Open to SI and Out-of-District USA swimmers who hold a valid 2018 or 2019 USA Swimming Card issued no later than Thursday, October 4, 2018. SI Swimming does not permit on-deck registrations. All USA Swimming registration numbers will be verified with the SWIMS registration database.

RULES: Current USA swimming rules and SI Swimming procedures will govern all competition, and will take precedence over errors/omissions of this meet announcement. All coaches and deck officials must provide proof of registration if requested. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

- **Check-in.** This is a deck seeded meet. Swimmers must check in with the Clerk of Course for each event they wish to swim. Swimmers who fail to check in for an event will be scratched from that event and not allowed to swim. Scratches are permitted without refunds. After an event is closed, a swimmer may not check in or scratch. Check-in for the first ten events will close at 8:30 am. Check-in for the remaining events will close at start of the session.
- **Seeding.** All events will be seeded and swum fastest to slowest.
- **Racing Starts.** All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. For swimmers unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- **No Show Penalty.** Any swimmer, once checked in for an event, who is a no show for an event, will be barred from their next individual event and will not be allowed to swim that race.
- **Timeline.** An estimated timeline and timing assignments will be posted on www.si-swimming.com the Wednesday before the meet.

WARM-UP: Assigned warm-ups, an estimated timeline and team timing assignments will be posted at www.si-swimming.com the Wednesday before the meet.

- Swimmers must enter the pool feet first while maintaining at least one hand on the pool deck until both feet touch the water (3-point entry). NO DIVING or JUMPING allowed from the blocks or the edge of the pool

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ENTRIES: Entries must be submitted electronically using an acceptable Hy-Tek Meet Manager compatible file and emailed to jcct264@gmail.com with a paper entry report and payment mailed separately. Event files can be uploaded from www.si-swimming.com. The meet host has the option to limit the number of entries to 500 swimmers. Entries will be taken in the order received.

ENTRY TIMES: Submit Short Course times only. Times should be the swimmer's best recorded time in the event.

ENTRY FEE: \$30.00 per swimmer. Late entries, IF ACCEPTED, will be charged double.
Make all checks payable to: **College Area Swim Team**

DELIVERY:

- **EMAIL:** Must be received by 9:00 pm, Friday, October 5, 2018, in acceptable Hytek format. A paper copy of the entry report and a team check for entry fees must follow the e-mail entry and be postmarked by October 6, 2018.
- **MAIL:** Must be postmarked no later than Wednesday, October 3, 2018, to:
Jeanette Temple, 6617 Hillgrove Drive, San Diego, CA 92120

AWARDS: Trophies 1-8 in each single age group based upon total HyTek Power Points accumulated. Swimmers must compete in all 5 events in order to be eligible for awards. (A DQ does not make them ineligible.)

Concussion Training Required in California

- **California has modified existing school concussion law to apply the concussion requirements to youth sports organizations in which athletes participate, including swimming.**
- **These requirements will also apply to out of state coaches whose swimmers are attending meets in California.**

All links can be found on www.si-swimming.org under the 2019 registration forms tab.