



Rancho San Dieguito Swimming

A All Ages Meet, October 27-28, 2018

Warmup 7:15 am		Saturday, November 4, 2017			Meet Starts 8:30	
Girls Evt #	A Min	Age	Class	Dist/Stroke	A min	Boys
1	2:42.00	10 & Under	A	200 FREE	2:41.80	2
3	2:24.10	11 - 12	A	200 FREE	2:24.60	4
5	40.50	8 & Under	A	50 FREE	39.40	6
7	33.90	9 - 10	A	50 FREE	34.10	8
9	30.70	11 - 12	A	50 FREE	30.80	10
11	46.30	8 & Under	A	50 FLY	47.00	12
13	38.30	9 - 10	A	50 FLY	38.20	14
15	34.30	11 - 12	A	50 FLY	34.50	16
17	48.10	8 & Under	A	50 BACK	46.80	18
19	40.50	9 - 10	A	50 BACK	40.40	20
21	36.20	11 - 12	A	50 BACK	36.60	22
23	52.30	8 & Under	A	50 BREAST	51.00	24
25	45.60	9 - 10	A	50 BREAST	45.60	26
27	40.80	11 - 12	A	50 BREAST	41.00	28
29	1:41.20	8 & Under	A	100 IM	1:38.50	30
31	1:26.60	9 - 10	A	100 IM	1:26.90	32
33	1:17.70	11 - 12	A	100 IM	1:17.70	34
35	--	10 & Under	--	200 MED RELAY	--	36
37	--	11 - 12	--	200 MED RELAY	--	38

Saturday 2nd SESSION

39	--	13 & Over	--	200 MED RELAY	--	40
41	2:16.10	13 - 14	A/B	200 FREE	2:10.90	42
43	2:16.40	15 & Over	A/B	200 FREE	2:04.80	44
45	2:40.50	11 - 14	A/B	200 FLY	2:33.30	46
47	2:36.60	15 & Over	A/B	200 FLY	2:21.60	48
49	3:01.70	11 - 14	A/B	200 BREAST	2:50.80	50
51	3:00.80	15 & Over	A/B	200 BREAST	2:43.00	52
53	1:14.10	13 - 14	A/B	100 BACK	1:11.30	54
55	1:14.50	15 & Over	A/B	100 BACK	1:08.20	56
57	29.30	13 - 14	A/B	50 FREE	27.50	58
59	29.30	15 & Over	A/B	50 FREE	26.50	60
61	5:36.60	11 - 14	A/B	400 IM	5:18.20	62
63	5:22.00	15 & Over	A/B	400 IM	5:01.20	64

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Warmup 7:15 am		Sunday, November 5, 2017			Meet Starts 8:30	
Girls Evt #	A Min	Age	Class	Dist/Stroke	A min	Boys
65	1:16.10	11 – 12	A	100 FLY	1:18.20	66
67	1:29.30	10 & Under	A	100 FLY	1:29.40	68
69	1:06.70	11 – 12	A	100 FREE	1:06.20	70
71	1:14.70	10 & Under	A	100 FREE	1:14.30	72
73	1:28.90	11 – 12	A	100 BREAST	1:29.00	74
75	1:40.00	10 & Under	A	100 BREAST	1:40.50	76
77	1:17.90	11 – 12	A	100 BACK	1:20.50	78
79	1:28.60	10 & Under	A	100 BACK	1:28.70	80
81	2:46.20	11 - 12	A	200 IM	2:46.50	82
83	3:06.50	10 & Under	A	200 IM	3:07.40	84
85	--	11 – 12	--	200 FREE RELAY	--	86
87	--	10 & Under	--	200 FREE RELAY	--	88
89	6:24.60	12 & Under	A	500 FREE	6:29.80	90

Sunday 2nd SESSION

91	--	13 & Over	--	200 FREE RELAY	--	92
93	1:11.10	15 & Over	A	100 FLY	1:05.10	94
95	1:11.00	13 – 14	A	100 FLY	1:07.70	96
97	1:02.80	15 & Over	A	100 FREE	57.40	98
99	1:03.40	13 – 14	A	100 FREE	59.60	100
101	2:33.80	15 & Over	A	200 BACK	2:23.90	102
103	2:39.60	11 – 14	A	200 BACK	2:31.00	104
105	1:23.90	15 & Over	A	100 BREAST	1:15.80	106
107	1:23.40	13 – 14	A	100 BREAST	1:19.10	108
109	2:37.70	15 & Over	A	200 IM	2:21.70	110
111	2:36.60	13 – 14	A	200 IM	2:29.00	112
113	5:59.60	13 & Over	A	500 FREE	5:48.60	114

4 Events per day limit

SANCTION: This meet is held under the sanction of USA Swimming and issued by San Diego-Imperial Swimming #SI-18-45. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

MEET DIRECTOR: Brian Robinson. Tel: 858-259-5972, or email: br60mail-rsd@yahoo.com.

POOL: Doug & Marianne Pardee Aquatics Center at the Boys & Girls Club of San Dieguito, 533 Lomas Santa Fe Dr., Solana Beach, CA 92075. Competition pool is 10 lanes by 25 yards. The minimum water depth, measured in accordance with Article 103.2.3, is 9 feet, 0 inches at the start end and 9 feet, 0 inches at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4). An additional 6 lane, 25 yard shallow pool is available for warm-up & cool-down throughout the meet. Snack bar will be available. Canopies will be allowed on deck only on the Southwest side of the pool. Our indoor basketball gym is available for team areas, with no canopies allowed inside.

ELIGIBILITY: Open to SI North Division and Out-of-District swimmers who hold a valid 2018 or 2019 USA Swimming Card issued no later than Thursday, October 18, 2018. Swimmers with a disability are encouraged to participate. SI Swimming does not permit on-deck registration. All USA Swimming registration numbers will be verified with the SWIMS registration database; swimmers without a current registration will be scratched from all events.



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RULES: Current USA swimming rules and SI Swimming procedures will govern all competition, and will take precedence over errors/omissions of this meet announcement. All coaches and deck officials must wear their USA Swimming membership cards in a visible manner. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

- **Entry Limit.** Swimmers may enter any number of events, but may only swim in a maximum of 4 individual events per day.
- **Check-in.** This is a deck seeded meet. Swimmers must check in with the Clerk of Course for each event they wish to swim. Swimmers who fail to check in for an event will be scratched from that event and not allowed to swim. Scratches are permitted without refunds. After an event is closed, a swimmer may not check in or scratch. Check-in for the first 8 events of each session will close ½ hour before the start of the session. Check-in for the remainder of the session will close at the start of the session.
- **Seeding.** All events will be seeded and swum fastest to slowest.
- **Racing Starts.** All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. For swimmers unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- **No Show Penalty.** Any swimmer, once checked in for an event, who is a no show for an event will be barred from their next individual event and will not be allowed to swim that race.
- **Distance Events.** The 400 IM and 500 Freestyle events will be swum alternating girls and boys heats. Swimmers in these events must also provide their own timers and lap counters if desired.
- **Timeline.** An estimated timeline and timing assignments will be posted on www.si-swimming.com the Wednesday before the meet.

ENTRIES: Swimmers may enter any number of events, but will only be allowed to swim in 4 events per day. Entries must be submitted electronically using Hy-Tek Team Manager compatible software, and emailed to br60mail-rsd@yahoo.com with a paper copy and payment mailed within 24 hours. Entries submitted without payment prior to the start of the meet will be rejected. A single team check is required. Event files can be uploaded from www.si-swimming.org. All entries that do not contain a current USA Swimming registration number will be rejected.

- **This meet is subject to the 4 hour rule per session. If the meet fills prior to the deadline, entries may be rejected (last received, first rejected).**
- Meet management reserves the right to split the meet into additional sessions per day if the number of swimmers and timeline warrants a split session. If this is necessary the announcement will be made on the host team's website as well as the SI swimming site by Monday evening prior to the start of the meet.

ENTRY TIMES: Please submit the swimmer's best recorded Short Course time for each event. Entry time must meet or better the "A" minimum qualifying time for each event. "NT" entries will be rejected.

WARM-UP: Assigned warm-ups, an estimated timeline and team timing assignments will be posted at www.si-swimming.com the Wednesday before the meet.

ENTRY FEES:

- Surcharge: \$5.00 per swimmer. Individual Entries: \$4.00 each. Relays: \$16.00 each and may be deck-entered. No refunds. Teams (10 or more swimmers) not submitted entries electronically: \$8.00 per event.
- Late entries, IF ACCEPTED, will be charged double, including surcharge. No late entries are permitted once the meet begins.
- A single team check is required. Make check payable to: **BGCS DTO**



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DELIVERY:

- **Email:** Must be received by Friday, October 19, 2018, in acceptable Hy-Tek format to br60mail-rsd@yahoo.com, with paper copy and team check mailed within 24 hours.
- **Mailed Entries:** Must be postmarked no later than Wednesday, October 27, 2018 to:
Brian Robinson, 533 Lomas Santa Fe Drive, Solana Beach, CA 92075 tel. 6-10 pm 858-259-5972

AWARDS: Individual Events: A events: Medals 1-3, Ribbons 4-8. B events: Ribbons 1-8. Relays: 1-3. Awards for 13 & over events by request only.

Concussion Training Required in California

- California has modified existing school concussion law to apply the concussion requirements to youth sports organizations in which athletes participate, including swimming.
- These requirements will also apply to out of state coaches whose swimmers are attending meets in California.

All links can be found on www.si-swimming.org under the 2019 registration forms tab.