

FALLBROOK ASSOCIATED SWIM TEAM

C All Ages Meet

November 10, 2018



Warmup 7:30 am		Saturday, November 10, 2018			Meet Starts 9:00 am	
Girls Event #	B Min	Age	Div	Dist/Stroke	B min	Boys Event #
1	--	6 & Under	--	25 Y FREE	--	2
3	48.60	7 – 8	C	50 Y FREE	47.30	4
5	37.00	9 – 10	C	50 Y FREE	37.20	6
7	33.50	11 – 12	C	50 Y FREE	33.60	8
9	31.90	13 & Over	C	50 Y FREE	30.00	10
11	--	6 & Under	--	25 Y BACK	--	12
13	57.80	7 – 8	C	50 Y BACK	56.30	14
15	44.30	9 – 10	C	50 Y BACK	44.20	16
17	39.60	11 – 12	C	50 Y BACK	40.00	18
19	1:21.00	13 & Over	C	100 Y BACK	1:18.00	20
21	1:41.20	8 & Under	C	100 Y IM	1:37.00	22
23	1:34.40	9 – 10	C	100 Y IM	1:01.20	24
25	1:24.70	11 – 12	C	100 Y IM	49.80	26
27	2:50.90	13 & Over	C	200 Y IM	2:42.60	28
29	--	6 & Under	--	25 Y BREAST	--	30
31	1:02.80	7 – 8	C	50 Y BREAST	1:01.20	32
33	49.80	9 – 10	C	50 Y BREAST	49.80	34
35	44.50	11 – 12	C	50 Y BREAST	44.80	36
37	1:31.00	13 & Over	C	100 Y BREAST	1:26.30	38
39	--	6 & Under	--	25 Y FLY	--	40
41	55.60	7 – 8	C	50 Y FLY	56.40	42
43	41.80	9 – 10	C	50 Y FLY	41.60	44
45	37.40	11 – 12	C	50 Y FLY	37.70	46
47	1:17.40	13 & Over	C	100 Y FLY	1:13.80	48
49	1:46.10	8 & Under	C	100 Y FREE	1:42.00	50
51	1:21.50	9 – 10	C	100 Y FREE	1:21.00	52
53	1:12.70	11 – 12	C	100 Y FREE	1:12.20	54
55	1:09.10	13 & Over	C	100 Y FREE	1:05.00	56

Except for the 6 & Under events, this is a C meet.

All 7 & over swimmers must be slower than the B minimum time standard shown.

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SANCTION: This meet is held under the sanction of USA Swimming and is issued by San Diego-Imperial Swimming #SI-18-39. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

MEET DIRECTOR: Mary Redmond. Telephone: (760) 728-9244, or email: seanmary@aol.com.

POOL: Fallbrook High School, Fallbrook, CA. 6-lane, 25 yard pool with a warm-up pool. The minimum water depth, measured in accordance with Article 103.2.3, is 6 feet, 0 inches at the start end and 3 feet, 6 inches at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4). Snack bar available. Do not park in any red striped curb area. Additional parking is available in the lot past the pool on Winterhaven and in front of the High School.

ELIGIBILITY: Open to SI and Out-of-District USA swimmers who hold a valid 2018/2019 USA Swimming Card issued no later than Thursday, November 1, 2018. SI Swimming does not permit on-deck registrations. All USA Swimming registration numbers will be verified with the SWIMS registration database; swimmers without a current registration will be scratched from all events.

RULES: Current USA swimming rules and SI Swimming procedures will govern all competition, and will take precedence over errors/omissions of this meet announcement. All coaches and deck officials must be able to provide proof of registration if requested. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

- **Check-in.** This is a deck seeded meet. Swimmers must check in with the Clerk of Course for each event they wish to swim. Swimmers who fail to check in for an event will be scratched from that event and not allowed to swim. Scratches are permitted without refunds. After an event is closed, a swimmer may not check in or scratch. Check-in for the first eight events will close ½ hour before the start of the session. The balance of events will close at start of each session.
- **Seeding.** All events will be seeded and swum fastest to slowest.
- **Racing Starts.** All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. For swimmers unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- **No Show Penalty.** Any swimmer, once checked in for an event, who is a no show for an event will be barred from their next individual event and will not be allowed to swim that race.

WARM-UP:

- Swimmers must enter the pool feet first while maintaining at least one hand on the pool deck until both feet touch the water (3-point entry). NO DIVING or JUMPING allowed from the blocks or the edge of the pool other than in lanes designated by an official as an official one-way sprint lane.
- Assigned warm-ups, an estimated timeline and team timing assignments will be posted at www.si-swimming.com the Wednesday before the meet.

ENTRIES: USA Swimming entry limit is 6 events per day. All entries must be submitted electronically using a compatible Hy-Tek Meet Manager file, and e-mailed to seanmary@aol.com with a paper copy and payment mailed separately. Event files can be uploaded from www.si-swimming.com.

ENTRY TIMES: Submit Short Course Times only. Times must be the best recorded times from this or the previous swim season. Swimmers with no times use NT.

ENTRY FEES: Surcharge: \$5.00 per swimmer. Individual Entries: \$4.00 each. No refunds. Entries from a single team (10 or more swimmers) not submitted electronically: \$8.00 each. Late entries, IF ACCEPTED, will be charged double, including surcharge. Team entries must be paid with a single check.

Make all checks payable to: **Fallbrook Associated Swim Team**

DELIVERY:

- EMAIL: Must be received by November 2, 2018, to: seanmary@aol.com with paper copy & checks mailed within 24 hrs.
- MAIL: Must be postmarked no later than Wednesday, October 31, 2018, to:
Mary Redmond, 1335 Via del Oro, Fallbrook, CA 92028

AWARDS: Ribbons: 1-8.

Concussion Training Required in California

- California has modified existing school concussion law to apply the concussion requirements to youth sports organizations in which athletes participate, including swimming.
- These requirements will also apply to out of state coaches whose swimmers are attending meets in California.
- All links can be found on www/si-swimming.org under the 2018 Registration Forms tab in the right column.